

VISUOSPATIAL MINI-MENTAL STATE EXAM

UMCHC#: _____	Date: _____
Patient: _____	Age: _____
Examiner: _____	Sex: _____
Diagnosis?: _____	

1. What is the: Year? _____ Season? _____ Date? _____ Month? _____ _____
 2. Where are we: State? _____ County? _____ City? _____ Hospital? _____ Floor? _____ _____
 3. Name 3 objects (taking 1 second to say each), then ask the patient to repeat them back to you (give 1 point for each correct response). Repeat the 3 objects until the patient learns all three (no points awarded after the first attempt). _____
 4. Serial 7s. Subtract 7 from 100 and then keep subtracting 7 from the answer you get (stop them after 5 answers). Alternatively, spell "WORLD" backwards. _____
 5. Ask for the names of the 3 objects learned in question #3. _____
 6. Point to a pen and then a watch (have the patient name them as you point). _____
 7. Have the patient repeat, "No ifs, ands, or buts". _____
 8. Have the patient follow a three-stage command: "Take the paper in your right (or left) hand, fold it in half, and put the paper on the floor". _____
- (Worksheet for questions 9-11, 14, & 15 on reverse side.)*
9. Score for following "close your eyes" command. _____
 10. Score for written sentence (must have subject, verb, and make sense – grammar and punctuation are not evaluated). _____
 11. Score for copying the interlocking pentagons correctly (two angles must interlock making a 4-sided figure). _____
- (Folstein, Folstein, McHugh; 1975-modified) **MMSE Score** _____

12. Other Designs (Points [0] no attempt, [1] attempted, [2] correct)
 - Hexagon _____
 - Circle _____
 - Overlapping Rectangles _____
 - Rhombus _____
 - Cube _____

Design Score _____
13. Clock Drawing
 - Circle contour acceptable _____
 - Numbers attempted _____
 - Only numbers 1-12 present _____
 - Numbers in correct order _____
 - Numbers in correct position _____
 - Two hands present (more or less than two; incorrect) _____
 - Hands in correct proportion _____
 - Hands in nearly correct position _____
 - Hands in exactly correct position _____
 - Center is present (drawn or inferred) _____

(Folstein, Folstein, McHugh; 1975-modified) **MMSE Score** _____

Visuospatial Total Score _____

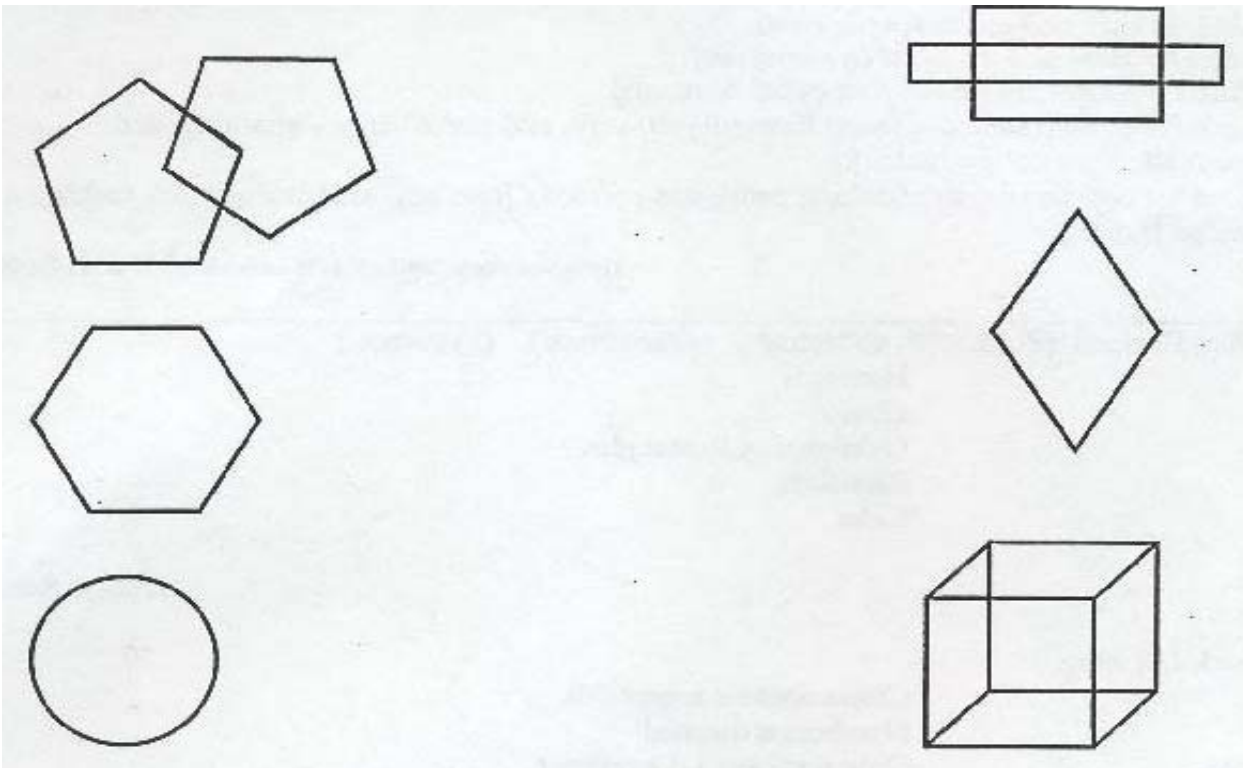
VS-MMSE Total Score _____

1. Read and obey the following:

“CLOSE YOUR EYES”

2. Write a sentence: Any sentence you choose.

3. Copy these figures.



4. Draw the face of a large clock with all the numbers on it. Draw the hands set at ten after eleven.

MRN: _____
NAME: _____
DOB: _____

IV. Mental Status Examination

Appearance: Normal Poor Hygiene Disheveled Other _____

Behavior: Comatose Stuporous/Lethargic Alert Hyperalert Agitated

Speech:

Rate: Normal Slowed Pushed

Rhythm: Normal Dysarthric Aprosodic

Process: Circumstantial Tangential Loose "Word salad" Confabulation

Aphasic _____

(Describe, e.g. expressive, receptive, global aphasia)

Mood:

Depression: Sig: "E" Caps

Sleep _____

Interest _____

Guilt _____

Energy _____

Concentration _____

Appetite _____

Psychomotor _____

Suicide _____

(Description, e.g. early morning awakening)

Mania: Dig Fast

Distractible _____

Impulse _____

Grandiose _____

Flight of Ideas _____

Activity Increased _____

Sleep Decreased _____

Talkative _____

(Description, e.g. believes "heals illness at a distance")

Anxiety

General: Excessive nervousness Excessive Worrying Restless/keyed up Irritable
 Easily fatigued Muscle tension Poor concentration Poor sleep
 Other _____

Social (phobia): _____

Obsessive/Compulsive: _____

PTSD: _____

Panic: End PANIC

Endocrine

- Sweating
- Shaking/Tremors
- Chills/Hot Flashes

Pulmonary

- Short of Breath/Smothering
- Choking

Abdominal

- Abdominal Pain

Neurological

- Dizzy/Unsteady/Lightheaded
- Derealization/Depersonalization
- Paresthesias/Numbness

Ideas

- Fear of Losing Control, Going Crazy
- Fear of Dying

Cardiac

- Chest Pain/Discomfort
- Increased Heart Rate
- Palpitations

Duration of panic spells: _____ **Frequency (per week):** _____

Agoraphobia: _____

Personality type: Cluster A Cluster B Cluster C

Psychosis

Hallucinations: Auditory Visual Tactile Olfactory

Description: _____

Delusion: Simple paranoid Complex Grandiose

Description: _____